



GEORGE EMIL PALADE
UNIVERSITY of MEDICINE,
PHARMACY, SCIENCE,
AND TECHNOLOGY
of
TÂRGU MUREȘ

CENTER
of
MEDICAL
and
PHARMACEUTICAL
ADVANCED
RESEARCHES



MEDICAL-
PHARMACEUTICAL
PSYCHOPEDAGOGICAL
TRAINING CENTER,
GEORGE EMIL PALADE
UMPhST
of TÂRGU MUREȘ

MUREȘ
COUNTY ORDER
of DOCTORS



TCTWM '2019

FIRST INTERNATIONAL WORKSHOP

TRADITIONAL CHINESE & THAI

AND WESTERN MEDICINE ON

PAIN THERAPY MANAGEMENT

Romania, Târgu Mureș, 25-28 November 2019



Workshop director

- **Professor William AU, PhD**, George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Târgu Mureș, Romania; Shantou University Medical College, Shantou, China.

OBJECTIVES AND AIMS

The overall objectives are to provide an in-depth understanding of certain **TM** protocols for health promotion, and for pain therapy and management, with or without the combination with Western Medicine. The goals of several specific aims are:

- Use of several **TM** protocols for improvement of overall health;
- Use of acupuncture for health promotion and for pain management, benefits and limitations;
- Use of other **TM** protocols for health promotion and for pain management, benefits and limitations;
- Use of other protocols, e.g. homeopathy, for health promotion and for pain management, benefits and limitation;



- Use of Western Medicine for pain management, benefits and limitations;
- Use of a combination of Eastern and Western protocols for health promotion and for pain management, benefits and limitations;

Note: *EMC credits will be issued to those who have attended the entire workshop.*

Syllabus: *lectures and discussions during the morning and practices in the afternoon.*

WORKSHOP DAILY PROGRAM

Locations for all workshop sessions _____

University Centre of Medical and Pharmaceutical Advanced Researches – conference hall

Other locations - depending on the specifics of the activities

Language of the workshop _____

English & Romanian languages

Day 0 - Monday, November 24th 2019 _____

Evening reception for Chinese and Thai visitors.

Day 1 - Monday, November 25th 2019 _____

Workshop

Moderators: Dr. Xiao and Dr. Chen (China)

- 8,30 – 9,00 **Registration**
- 9,00 – 9,20 **Opening ceremony and group photograph**
- 9,20 – 10,00 **Background introductions on TCM.**
- 10,00 – 10,15 **Discussions**
- 10,15 – 11,00 **Application of several acupuncture procedures for improvement of overall health**
- 11,00 – 11,15 **Discussions**
- 11,15 – 11,30 **Coffee break**
- 11,30 – 12,30 **Case reports on application of acupuncture procedures for health promotion and pain management, benefits and limitations:**
 - Case report I (Dr. Xiao):** Peripheral facial paralysis and Lumbago
 - Case report II (Dr. Chen):** Successful use of milli-fire needle procedure on a patient with lumbago disease
- 12,30 – 12,45 **Discussions**
- 12,45 – 14,30 **Lunch**
- 14,30 – 15,30 **Demonstration of acupuncture procedures on volunteers.**
- 15,30 – 15,45 **Discussions**



- 15,45 – 17,00 **Group discussion and discussion on further application of acupuncture protocols**
- 18:30: Dinner with lecturers and visitors

Day 2 - Tuesday, November 26th 2019

Workshop

Moderators: Dr. Chen and Dr. Xiao (China)

- 9,00 – 9,45 **Background information on other TCM techniques and their usefulness for overall health and for pain management.**
- 9,45 – 10,00 Discussions
- 10,00 – 10,30 Coffee break
- 10,30 – 11,30: **Case report I, Dr. Chen:**
- 11,30 – 12,30 **Demonstration of non-acupuncture procedures on volunteers:** The procedures include cupping, TUI NA and QIGONG.
- 12,30 – 13,00 Discussions
- 13:00 - 14,30 Lunch
- 14,30 – 17,00 **Group discussion and further application of TCM protocols; Optional: Tour of clinic.**
- 18:30: Dinner with lecturers and visitors

Day 3 - Wednesday, November 27th 2019

Workshop

Moderators: Dr. Pannawat Chaiyawatthanananthn, Dr. Puritat Kanokkangsadal and Dr. Arunporn Itharat; Dr. Adrian Alecu; Dr. Xiao and Dr. Chen, China.

- 9,00 – 9,45 **Background introduction on TTM**
- 9,45 – 10,00 Discussions
- 10,00 – 11,00 **Case reports, Dr. Pannawat Chaiyawatthanananthn, Dr. Puritat Kanokkangsadal and Dr. Arunporn Itharat**
- 11,00 – 11,15 Discussions
- 11,15 – 11,30 Coffee break
- 11,30 – 12,30 **Hands-on practice of TTM on volunteers**
- 12,30 – 14,30 Lunch
- 14,30 – 16,30 **Local and systemic applications of ozone-therapy techniques in pain management in combination with TM techniques and homeopathy (Dr. Alecu)**
- **Group discussion and further application and optional visit to "Nova Vita" Hospital**
- 18:30: **Farewell Dinner with lecturers and visitors.**

Day 4 - Thursday, November 28th 2019

Workshop

Moderators: Dr. Horațiu Popoviciu and Dr. Monica Copotoiu, Dr. Xiao and Dr. Chen, China; Dr. Adrian Alecu.

- 9,00 – 9,30 **Information on European approach to health promotion and pain management, benefits and limitations**



- 9,30 – 9,50 **Information on combined application of TM and Western Medicine for health promotion and pain management**, benefits and limitations, part I, **Dr. Horațiu Popoviciu** and **Dr. Monica Copotoiu**
- 9,50 – 10, 10 **Information on combined application of TCM and Western Medicine for health promotion and pain management**, benefits and limitations part II, **Dr. Adrian Alecu**
- 10,10 – 10,30 Discussion
- 10,30 – 11,00 Coffee break
- 11,00 – 13,00 **Discussion of combined applications and optional visit to clinic**
- 13,00 – 14,30 Lunch

Thursday Moderators (for afternoon session)

- **Professor William Au, PhD**
- **Professor Minodora Dobreanu, PhD MD**
- **Professor Nicolae Neagu, PhD**
- 14,30 – 15,30 **Discussion on specific cases and on specific requests**
- 15,30 – 16,30 **Discussion of further collaborations and for setting up collaborating clinics in the three countries.**
- 16,30 – 17,00 Coffee break
- 17,00 – 17,30 **General conclusions, evaluation of the workshop, granting of certificates**

OTHER INFORMATION

Online PAYMENT

CONSIGNEE	
Name: Universitatea de Medicină, Farmacie, Științe și Tehnologie "George Emil Palade" din Târgu Mureș Fiscal CODE : 4322742 Address: Str. Gh. Marinescu nr.38, Târgu Mureș, Județul Mureș With mention: pentru Workshop Medicină Tradițională Chineză și Tailandeză	
FOR PAYMENT IN LEI	
BANK NAME	TREZORERIA TÂRGU MUREȘ
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IBAN ACCOUNT	Cont: RO92RNCB0193015967800002
SWIFT CODE	RNCBROBU

Deadline for registration

- **Regular term:** 1st November 2019
- **Registration web address:** <https://tcm.umfst.ro/>
 - **Specification:** only the participant who paid the individual participation fee is registered
- **Participation taxes**

Category	Lei	Euros
Student	240	50
Master/PhD student/ Resident doctor	475	100
Teaching staff/Doctor/Physician/ Researcher/Pharmacist/ Other categories	715	150



Granting a Continuing Medical Education (CME) certificate

- Each participant as doctor, will receive a personal certificate with 24 CME* credits.
- Each participant from other occupations, will receive a personal participant certificate.

Courses data

- 4 days / 4 sessions / 6 credits EMC / session = 24 CME credits

Links for other info

Website UMFST: www.umfst.ro

Website UMFST- CPPMF:** <https://www.umfst.ro/universitate/centrul-de-pregatire-psiopedagogica-medico-farmaceutica.html>

Website TCTM: <https://tcm.umfst.ro/>

Contacts

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Anamaria Fodor – e-mail: anamaria.fodor@umfst.ro

Cristina Tecan - email: cristina.tecan@umfst.ro

*) The workshop will be accredited by Romanian National Order of Doctors

***) University Medical-Pharmaceutical Psychopedagogical Training Center

